




ST. PETER SCHOOL

HEALTHY HABITS MENU

SEPTEMBER 2018

GRADES K-2 \$3.70, GRADES 3-5 \$3.95, GRADES 6-8 \$4.20

Milk Prices: to be determined -1% White, Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>LABOR DAY</p> <p>NO SCHOOL</p>  <p style="text-align: center;">Labor Day</p>	<p>HOT LUNCH</p> <p>Toasted Beef Ravioli with Marinara Sauce Breadstick Garden Salad Fresh Fruit Cup Milk, 1%</p> <p>GRAB-N-GO</p> <p>Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>CHICK-FIL-A DAY Chick-Fil-A Slider Waffle Fries Green Beans Fresh Fruit Cup Milk, 1%</p> <p>NO GRAB-N-GO</p>  <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Chicken Salad on WG Bread Carrots with Ranch Applesauce Teddy Grahams Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Chicken Quesadilla Spanish Rice Corn Pineapple Chunks Milk, 1%</p> <p>GRAB-N-GO</p> <p>Roast Beef on French Bread Cheddar Goldfish Fresh Broccoli with Dip Grapes Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>
10	11	12	13	14
<p>HOT LUNCH</p> <p>Turkey, Bacon, Cheese Panini Lattice Chips Carrots with Ranch Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chicken Caesar Salad</p>	<p>HOT LUNCH</p> <p>Spaghetti with Meatballs Breadstick Garden Salad with Lite Ranch Dressing Mandarin Oranges Milk, 1%</p> <p>GRAB-N-GO</p> <p>BLT and Turkey Wrap Cheddar Cheese Goldfish Greek Yogurt Fresh Fruit Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>Homemade Pancakes with Pure Maple Syrup Scrambled Eggs Bacon Strips Fresh Melon Milk, 1%</p> <p>GRAB-N-GO</p> <p>String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Beef & Cheese Crunchy Taco with Salsa and Sour Cream Shredded Lettuce Tomato Fiesta Corn Fruit Salad Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hot Ham & Cheese on Bagel Carrots with Dip Apple 100 Calorie Oreo Pack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Hand Breaded Chicken Strips Buttered Noodles Green Beans Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>
17	18	19	20	21
<p>HOT LUNCH</p> <p>Baked Mostaccioli Garlic Breadstick Fresh Tossed Salad with Lite Ranch Dressing Grapes Milk, 1%</p> <p>GRAB-N-GO</p> <p>Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chicken Caesar Salad</p>	<p>HOT LUNCH</p> <p>Ultimate Grilled Cheese Sweet Potato Fries Steamed Green Beans Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>PAPA JOHNS PIZZA PLATE LUNCH Slice of Pizza Baby Carrots with Ranch Fresh Fruit/Seasonal Cheese, Sausage or Pepperoni By The Slice \$2.00 Milk, 1%</p> <p>NO GRAB-N-GO</p>  <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Chicken Drumstick Buttered Noodles Green Beans Cinnamon Streusel Coffee Cake Milk, 1%</p> <p>GRAB-N-GO</p> <p>Roast Beef on French Bread Baked Chips Fresh Broccoli with Dip Orange Wedges Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Macaroni & Cheese Green Beans Whole Grain Dinner Roll Grapes Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>
24	25	26	27	28
<p>HOT LUNCH</p> <p>Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>BLT and Turkey Wrap Cheddar Cheese Goldfish Greek Yogurt Fresh Fruit Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chicken Caesar Salad</p>	<p>HOT LUNCH</p> <p>Rainbow Tortellini with Alfredo Sauce Tossed Salad Breadstick Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY BLT Salad</p>	<p>HOT LUNCH</p> <p>Scrambled Eggs Bacon Hash Brown Biscuit Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Santa Fe Salad</p>	<p>HOT LUNCH</p> <p>Toasted Ravioli with Bowtie Pasta Garden Salad Fresh Fruit/Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Hot Ham & Cheese on Bagel Carrots with Dip Apple 100 Calorie Oreo Pack Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY Chef Salad</p>	<p>HOT LUNCH</p> <p>Grilled Chicken Sandwich Sweet Potato Fries Peas & Carrots Fresh Fruit/ Seasonal Milk, 1%</p> <p>GRAB-N-GO</p> <p>Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p> <p style="text-align: center;">SALAD OF THE DAY St. Louis Hill Salad</p>

NEW THIS YEAR **FRESH FRUIT AND VEGETABLE BAR**

SMALL CONTAINER	\$2.50
LARGE CONTAINER	\$3.50

Baby Carrots	Sliced Cucumbers	Hummus
Celery Sticks	Strawberries	Pita Chips
Broccoli Florets	Cantaloupe	Orange Wedges
Red Pepper Strips	Grapes	Apple Slices
	Pineapple	Ranch Dressing

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