

ST. PETER SCHOOL

HEALTHY HABITS MENU

AUGUST 2018

GRADES K-2 \$3.70, GRADES 3-5 \$3.95, GRADES 6-8 \$4.20

Milk Prices: to be determined -1% White, Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
20	21	22	23	24
<p><u>HOT LUNCH</u></p> <p>Cheeseburger French Fries Mixed Vegetables Fresh Fruit/ Seasonal Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p> <p><u>SALAD OF THE DAY</u> Chicken Caesar Salad</p>	<p><u>HOT LUNCH</u></p> <p>Macaroni & Cheese Green Beans Whole Grain Dinner Roll Grapes Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Chicken Caesar Wrap Veggie Sticks with Dip Orange Wedges 100 Calorie Chips Ahoy Milk, 1%</p> <p><u>SALAD OF THE DAY</u> BLT Salad</p>	<p><u>HOT LUNCH</u></p> <p><u>PAPA JOHNS PIZZA</u> <u>PLATE LUNCH</u> Slice of Pizza Baby Carrots with Ranch Fresh Fruit/Seasonal Cheese, Sausage or Pepperoni By The Slice \$2.00 Milk, 1%</p> <p><u>NO GRAB-N-GO</u></p> <div style="text-align: center;">  </div> <p><u>SALAD OF THE DAY</u> Santa Fe Salad</p>	<p><u>HOT LUNCH</u></p> <p>Grilled Chicken Sandwich Buttered Noodles Peas & Carrots Fresh Fruit/ Seasonal Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Hamburger on Bun Tiny Pretzel Twist Fruit Snacks Banana Milk, 1%</p> <p><u>SALAD OF THE DAY</u> Chef Salad</p>	<p><u>HOT LUNCH</u></p> <p>Toasted Beef Ravioli with Marinara Sauce Breadstick Garden Salad Fresh Fruit Cup Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Turkey Wrap Sun Chips Veggie Sticks with Dip Fresh Fruit Salad Milk, 1%</p> <p><u>SALAD OF THE DAY</u> St. Louis Hill Salad</p>
27	28	29	30	31
<p><u>HOT LUNCH</u></p> <p>Baked Mostaccioli Garlic Breadstick Fresh Tossed Salad with Lite Ranch Dressing Grapes Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Cheeseburger on Bun Sun Chips Veggie Sticks with Dip 100 Calorie Snack Milk, 1%</p> <p><u>SALAD OF THE DAY</u> Chicken Caesar Salad</p>	<p><u>HOT LUNCH</u></p> <p>Nachos with Beef & Cheese Shredded Lettuce & Tomatoes Fiesta Black Beans Frozen Fruit Cup Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Hot Ham & Cheese on Bagel Carrots with Dip Apple 100 Calorie Oreo Pack Milk, 1%</p> <p><u>SALAD OF THE DAY</u> BLT Salad</p>	<p><u>HOT LUNCH</u></p> <p>French Toast with Pure Maple Syrup Sausage Links Scrambled Eggs Orange Wedges Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>String Cheese & Pretzels Fresh Veggies & Dip Greek Yogurt Grapes Milk, 1%</p> <p><u>SALAD OF THE DAY</u> Santa Fe Salad</p>	<p><u>HOT LUNCH</u></p> <p>Hamburger Sweet Potato Fries Green Beans Fresh Fruit/Seasonal Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Bagel & Cream Cheese Carrot Sticks Greek Yogurt Fresh Apple Milk, 1%</p> <p><u>SALAD OF THE DAY</u> Chef Salad</p>	<p><u>HOT LUNCH</u></p> <p>Chicken Alfredo Over Penne Pasta Steamed Broccoli Breadstick Grapes Milk, 1%</p> <p><u>GRAB-N-GO</u></p> <p>Chicken Snack Wrap Carrots with Dip Apple 100 Calorie Oreo Pak Milk, 1%</p> <p><u>SALAD OF THE DAY</u> St. Louis Hill Salad</p>

<p>NEW THIS YEAR</p>	<p><u>FRESH FRUIT AND VEGETABLE BAR</u> SMALL CONTAINER \$2.50 LARGE CONTAINER \$3.50</p>	<p>Baby Carrots Celery Sticks Broccoli Florets Red Pepper Strips</p>	<p>Sliced Cucumbers Strawberries Cantaloupe Grapes Pineapple</p>	<p>Hummus Pita Chips Orange Wedges Apple Slices Ranch Dressing</p>
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